

STINGRAY EXPECTATIONS

The YMCA has a mission of developing **responsibility, caring, honesty, and respect** in all members. The Stingrays is an organization working to develop these character traits in the lives of young people. Through these expectations and rules we hope to achieve this goal. These rules will also set a standard of behavior expectations, avoid confusion, and ensure the safety of the swimmers.

NOTE: WE DO FOLLOW THESE POLICIES, SO READ CAREFULLY.

PRACTICE

1. You are expected to be at practice on time every day. There have been problems with swimmers getting into trouble in the locker rooms around the YMCA when they are supposed to be at practice. ---Those who are late to practice will not have practice count toward the required number for the week.
2. The C, B, and A swimmers are required to attend 3 full practices a week. The D and E swimmers are required to attend 2 full practices a week. Anyone not attending the required number of practices per week will not swim in the meet that week unless excused by the coach for valid excuses.(i.e. illness, educational or religious conflicts).
3. Due to the large number of swimmers that we are trying to accommodate, and limited pool space, it is necessary to have orderly and well run practices. ---Any cheating during practice (i.e. a swimmer cutting a length short) may result in everyone starting the set over. We want to develop individual responsibility to the lane and the team as a whole.
4. To maximize our practice, wasted time in between sets will have to be kept to a minimum. Therefore, it is necessary that you are attentive when your coach is speaking. This means all swimmers need to look at the coach and quietly listen.
5. **ANYONE** that is found to be a continuous disruption at practice (not listening, arguing, teasing others, etc...) will be asked to sit out (time out) or leave practice. If disruptive behavior is continual, then the result will be suspension or dismissal from the team.
6. Each swimmer is responsible for neatly putting away their own equipment following practice (kick board, pull buoy, etc..)

MEETS

1. Be prompt for meets. The bus will not wait for swimmers on the way to away meets.
2. At away meets, you are representing your team and your city, no jeans or sweat pants are to be worn. Nice slacks or skirts would be appropriate.
3. A great deal of time and energy goes into organizing a meet. It is necessary that the swimmers stay in the pool area during a large portion of the meet. The swimmers can cheer for teammates, and the coaches can find swimmers to give last minute advice or post race feedback.
4. At the discretion of the Coaching Staff, -a swimmer that fails to show up for an event may be removed from the roster for the remainder of the meet. It is the swimmers responsibility to be in the pool prepared for each event they are scheduled to swim.
5. At home meets, your events will be posted in the hallway. At away meets you will get your events on the bus. Remember what event you will be swimming. It is your responsibility to know your events.
6. The lineup for meets cannot be altered or changed after it is submitted to the officials. Do Not ask for your events to be changed at a swim meet! Event preferences are impossible to accommodate at every meet. Please let your coach know by Tuesday if you would like to swim a particular event.
7. At home meets the pool "office" is off limits. The pool deck at the starting end of the pool must remain clear for timers, officials and swimmers lining up for events. Swimmers are not to congregate in this area.

YMCA STINGRAY "TRANSPORTATION POLICY"

Bus Transportation to away meets is arranged by the STINGRAY PARENTS ASSOCIATION. It is a privilege provided to our swimmers. To ensure the safety of our swimmers, we will have the following procedure:

All swimmers are to sign in (D& E swimmers MUST be signed in by a parent) upon arriving at the YMCA the morning of the meet. The parent, if not at the meet, must designate on the sign in sheet an adult to be responsible for the child at the meet. They are to specify if they need transportation "one way or both ways". Attendance will taken by a parent chaperone after the bus is boarded on the way to the meet, after the meet, after stopping for dinner, and after any unscheduled stops.

If a swimmer's transportation plans change after arriving at the site of the meet, the Parent or Responsible Adult of the swimmer is to notify the Bus Chaperone IN WRITNG on the form provided by the Bus Chaperone of the change of plans.

Appropriate bus behavior is expected of all swimmers at all times. Respect of the chaperones, coaches, bus drivers, and other swimmers is also expected. The Coach will handle discipline on an individual basis.

Inappropriate bus behavior may result in suspension of bus privileges.

Refer to the transportation guidelines for further explanation of the regulations.

AUBURN YMCA-WEIU SUSPENSION POLICY

The Auburn YMCA is a family oriented membership organization whose purpose is to promote the spiritual, intellectual, social, and physical welfare of boys, girls, men and women.

We expect all the Y-members and program participants to meet the minimum standards of conduct.

These include but are not limited to the following:

1. Compliance with all Y policies regarding use of facilities and equipment.
2. Respect for YMCA staff, other Y-members, and program participants.
3. No swearing, abusive or vulgar language.
4. No fighting.

Failure to meet these standards will result in the following actions:

FIRST OFFENSE:

1. Immediate suspension from the YMCA for a period of 1 week. Notification of parents/guardian by phone, if under 18.
2. Written confirmation of the suspension in Service Desk Suspension Book.
3. Letter sent to violator (or parents if under 18) outlining reason for suspension, length of time and requirements for re-admittance.
4. Prior to re-admittance, a written apology and a meeting with professional staff person is required.

SECOND OFFENSE:

1. Immediate suspension for 30 days. Notification of parents/guardian by phone, if under 18.
2. Written confirmation of the suspension in Service Desk Suspension Book.
3. Letter sent to violator (or parents if under 18) outlining reason for suspension, length of time and requirements for re-admittance.
4. Prior to re-admittance, a written apology and a meeting with professional staff person is required.

THIRD OFFENSE:

1. Immediate termination of membership privileges.
2. Letter sent to violator (or parents if under 18) outlining reason for termination.
3. Individual warned in writing about trespassing on Y property.
4. Written confirmation of membership termination in Service Desk Suspension Book.
5. Notify front desk so membership record can be amended.

IMPLEMENTATION:

Suspension policy may be implemented by a professional staff person or building supervisor. Follow-up is the responsibility of the appropriate professional staff persons. Program staff may ask offenders to leave their program area. They should then refer the incident to the building supervisor for further action.

**SIGN, DATE AND RETURN TO THE SWIM COACH BY THE
“BLUE & WHITE” MEET IN ORDER TO PARTICIPATE**

I/WE THE BELOW NAMED SWIMMERS HAVE READ THE STINGRAY EXPECTATIONS, STINGRAY TRANSPORTATION AND YMCA SUSPENSION POLICY AND AGREE TO CONDUCT MYSELF IN ACCORDANCE WITH THE POLICIES.

SWIMMER 1. _____
(print swimmer name)

(swimmer signature)

SWIMMER 2. _____
(print swimmer name)

(swimmer signature)

SWIMMER 3. _____
(print swimmer name)

(swimmer signature)

SWIMMER 4. _____
(print swimmer name)

(swimmer signature)

I (Parent/Guardian), HAVE READ AND DISCUSSED THE ABOVE POLICIES WITH MY CHILD AND AGREE THAT MY CHILD WILL ABIDE BY THEM.

PARENT
/GUARDIAN. _____
(print name)

(signature)

DATE