

# Stingray Swim Team Survey

The YMCA competitive swimming program...[like other]YMCA programs help all people to do the following:

- i **Grow personally.** Build self-esteem and self-reliance.
- i **Build character.** Behave according to the values of caring, honesty, respect, and responsibility.
- i **Improve personal and family relationships.** Learn to care, communicate, and cooperate with family and friends.
- i **Appreciate diversity.** Respect people of different ages, abilities, incomes, races, religions, cultures, and beliefs.
- i **Become better leaders and supporters.** Learn the give-and-take necessary to work toward the common good.
- i **Develop specific skills.** Acquire new knowledge and ways to grow in spirit, mind, and body.
- i **Have fun...enjoy life!**

(Principles of YMCA Competitive Swimming and Diving, Second Edition, 2000, p.5)

*Please circle the answer that best describes you:*

1. **Equal Attention:** My coach works with all the swimmers in the age group rather than gives special attention to just a few swimmers.  
Strongly Agree      Agree      No Opinion      Disagree      Strongly Disagree
  
2. **Basic Skills & Good Physical Fitness Habits:** My coach gives instruction and practice regarding warm-up, conditioning exercises, proper stroke execution, diet, rest, involvement in other sports, and other fitness habits.  
Strongly Agree      Agree      No Opinion      Disagree      Strongly Disagree
  
3. **Fair Play:** My coach gives and requires self-respect, respect for teammates, respect for the other teams, and respect for the rules and the officials.  
Strongly Agree      Agree      No Opinion      Disagree      Strongly Disagree
  
4. **Goals:** My coach helps me reach my goals by showing me how to measure skills, set goals, and work to reach my goals.  
Strongly Agree      Agree      No Opinion      Disagree      Strongly Disagree
  
5. **Personal Development:** My coach works with me as a whole person – spirit, mind and body. Not just regarding physical fitness, but also with mental attitudes and spiritual growth.  
Strongly Agree      Agree      No Opinion      Disagree      Strongly Disagree

6. **Overall Program Satisfaction:** The program, as a whole, fulfilled my expectations.

Strongly Agree      Agree      No Opinion      Disagree      Strongly Disagree

7. **Organization/Communication:** The program was well organized and I was informed properly and punctually about significant events or information.

Strongly Agree      Agree      No Opinion      Disagree      Strongly Disagree

8. **Facilities/Equipment:** There was adequate, updated equipment available, and the facilities were clean and inviting.

Strongly Agree      Agree      No Opinion      Disagree      Strongly Disagree

*Please give a brief answer to the following questions:*

9. What did you like most about the swim team?

10. What should we continue to emphasize?

11. What did you like least about the swim team?

12. What should we change?

*Please circle all that apply:*

**I am a:**      **parent /swimmer**      **class** \_\_\_\_\_      **Male/Female**

*Thank you for your time.*

*If you would like a response please leave you name and number.*

*(Optional)*

Name: \_\_\_\_\_ Phone/Email: \_\_\_\_\_

**I would be willing to volunteer my time as/for:**

|             |                  |                  |          |             |
|-------------|------------------|------------------|----------|-------------|
| Chaperone   | Concession Stand | Committee Member | Coaching | Car Pooling |
| Fundraising | Spirit Leader    | Timer            | Official | Scoring     |